

SCOIL NIOCLÁS NAOFA

Dunmore, Co. Galway.

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www.dunmorens.com

Roll No: 19744G

Healthy Eating Policy

Guidelines

The current practice in our school is that the children are encouraged to bring the following to school as part of a balanced school lunch:

- A healthy drink e.g water, milk or fruit juice
- A healthy main item e.g meat, cheese, salad etc.of all kinds.
- Some fruit or other nuitritious snack